

In the 21st Century, educating
the *mind* without educating
the *heart* is no education at all.

Aristotle

ETCH.SG

FOSTERING EMPATHY IN SCHOOL

PUBLISHED BY ETCH EMPATHY

WHAT IS EMPATHY

seeing

with the  of another,

hearing

with the  of another,

and feeling

with the  of another.

WHY EMPATHY

In the 21st Century, we see instances of increasing **prejudice, conflict, inequality and poverty.**



However, fostering empathy could improve **relationships, facilitate better decision making** and nurture more effective **empathetic leadership.**

At Etch Empathy, we foster empathy through an authentic, multi-sensory experience thus **evoking thoughts and emotions.**

6 HABITS

OF HIGHLY EMPATHETIC STUDENTS

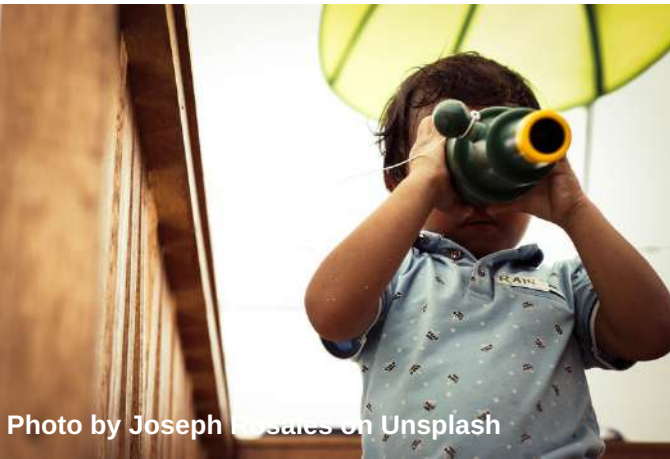


Photo by Joseph Rosales on Unsplash



Photo by Joseph Rosales on Unsplash



Photo by Nicholas Kampouris on Unsplash

CURIOSITY

Tries to understand the world inside the head of the other person. Curiosity is the seed of innovation. It allows spending of quality time to understand the world.



APPRECIATE DIVERSITY

The power of empathy to overcome hatred and change our minds. Being able to create and develop opportunities through different kinds of people. Improves communication and allow better appreciation in the diversity of opinions.

TRY ANOTHER PERSON'S LIFE

"Walk a mile in another man's moccasins before you criticize him." Instead of critique and prejudice, there will be words of affirmation with the identification of strengths instead of weakness.

6 HABITS

OF HIGHLY EMPATHETIC STUDENTS



Photo by Vladislav Klavin on Unsplash

LISTEN HARD - OPEN UP

Empathy is human connection based on mutual understanding. Listening is important but it is also important to share without holding back.



Photo by Jamie Street on Unsplash

INSPIRE TO HELP

With the focus on others' feeling, an individual will express more intrinsic motivation to be helpful.



Photo by Matt Briney on Unsplash

AMBITIOUS IMAGINATION

Empathy is the key to innovation and seeking of new ideas for unsolved problems.





"EMPATHETIC HABITS CAN BE CULTIVATED"

Belinda Parmar, CEO of Lady Geek (Global Empathy Index)

DESIGN

Our programs are designed by certified EQ Trainers, structured with cultivating empathy in mind.



Photo by Dariusz Sankowski on Unsplash

EMPATHY JOURNEY

CHOOSE ONE ROUTE & ETCH EMPATHY WILL BRING YOU DOWN THE EMPATHY JOURNEY OF YOUR CHOICE

Collaborative
Journey

Concerned &
Active Citizen
Journey

Self-Directed
Learner Journey

Appreciate diversity

Listen & Open Up

Cultivate curiosity

Challenge prejudices

Try another person's life

Develop ambitious
imagination

Inspire mass action

Self awareness

Optimism

Pursue noble goals

Resilience

MEASUREMENT

MEASURING THE IMPACT OF THE EMPATHY JOURNEY



SEI360

Measures individual EP – emotional intelligence performance – or the impact of EQ on others.

BRAIN PROFILE

A picture of how the emotional and rational parts of one's brain are working together.

PROGRAMS

TO CULTIVATE EMPATHY

Human Library

Simulations

Design
Thinking

Hearty Cooking
Challenge

5 love
languages

Blind
Date

OUTCOMES

MOE'S FRAMEWORK FOR 21ST CENTURY COMPETENCIES AND STUDENT OUTCOMES.



SUSTAINING

THE CULTIVATION OF EMPATHY IN SCHOOL

MODELING THE WAY

Set an example. Align actions with values.

Teachers & Student Leaders play an important role.

ETCH EMPATHY

WE PRACTICE WHAT WE PREACH

First Cooking Workshop for the Visually Impaired (VI) in Singapore
First Podcast Channel by the VI in Singapore for the marginalised community.



"Intelligence plus character - that is the goal of true education."

MARTIN LUTHER KING, JR.



ETCH.SG | INFO@ETCH.SG | FACEBOOK.COM/ETCHSG